

Allergen Information



Please see below for allergen key

Bread

Does Contain

May Contain

White Roll	G W					N		SS		
Wholemeal Roll	G W					N		SS		
White Sliced	G W			S						
Wrap (Wholemeal)	G W								ML	
Half & Half	G W			S						
Brown Sliced	G W			S						
Healthy Grain				S						
McCambridge Brown Bread	G W	ML								
Gluten Free Bread				S				SS		
XL Wrap	G W								ML	E
XL White Roll	G W							SS		
XL Wholemeal Roll	G W+B							SS		

Spread

Dairy Free Butter	NA									ML
Little Butter	NA									ML
Butter & Mayo	ML		E	M						ML
Mayo	ML		E	M						
Butter	ML									

Filling

Ham (baked)				S			G			ML
Ham & Cheese		ML		S			G			ML
Chicken		ML								
Chicken Tikka		ML	E							
Chicken & Stuffing Mayo	G W	ML	E	M						
Turkey	NA									
Sliced Cheddar		ML								
Grated Cheddar		ML					G			
Strawberry Jam	NA									
Tuna & Sweetcorn Mayo		ML	E	M	F					
Egg Mayo			E							
Chicken (halal)		ML								
Turkey (halal)	NA									
Smoked Salmon & Cream Cheese		ML			F					

Healthy Treats

Does Contain

May Contain

Banana bread	G W		E			N	P		ML	S
Oatmeal Cookie	G W+O		E							
Popcorn	NA									
Cheerios	G W+B+O					N				
Yogurt Rice Cake		ML			S	N	P	SS		
Shreddies	G W+B					N				
Glenisk Yogurt		ML								
Petit Filous		ML								
Fruit Scone	G W	ML					E	SS		
Pretzels	G W							SS		
Pancake	G W	ML	E							
Ryvita	G R					G W+O		SS		S
Glenisk Go-Yo		ML								

Does Contain

May Contain

Glenisk Go-Yo		ML								
Pretzels	G W							SS		
Petit Filous	G W	ML								
Ryvita	G R					G W+O		SS		S

ALLERGEN KEY

G W Glute wheat	N Nuts	P Peanuts	ML Milk	NA Not applicable
D Durum	E Eggs	F Fish	M Mustard	
B Barley	SP Sulphates	SS Seseme Seeds	S Soya	
O Oats				
R Rye				